

# STAYING LEAN PROGRAM



## Submittal form

It is our goal to encourage a healthy, active lifestyle and support our employees in their personal fitness endeavors. The Systems Group will reimburse employees entry fees for races, whether you are running, walking or a combination of both; cycling events, both races and rides; and triathlons, either indoor or outdoor.

Employee Name (printed): \_\_\_\_\_

Employee ID Number: \_\_\_\_\_

Name of Event: \_\_\_\_\_

Date Completed: \_\_\_\_\_

Amount Paid: \_\_\_\_\_

To qualify for the reimbursement:

- You must participate in event.
- Be currently employed by The Systems Group at the time of the event and when submittal form is turned in
- Complete and return submittal form, copy of your entry form or receipt and a photo of yourself at the start or finish line.

Please send all qualifying documents to [hrdocs@tsg.bz](mailto:hrdocs@tsg.bz). For any questions or further clarification contact Gina Zeigler at 1.870.862.1315 or email at [gzeigler@tsg.bz](mailto:gzeigler@tsg.bz)

*Our Employees Make The Difference!*

*You are urged and advised to seek the advice of a physician before beginning any exercise or fitness regimen.*